



My Pirate Patch

A Book about Amblyopia Patches

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My eye doctor says I can be a pirate now!



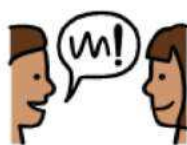
My



eye



doctor



says



I



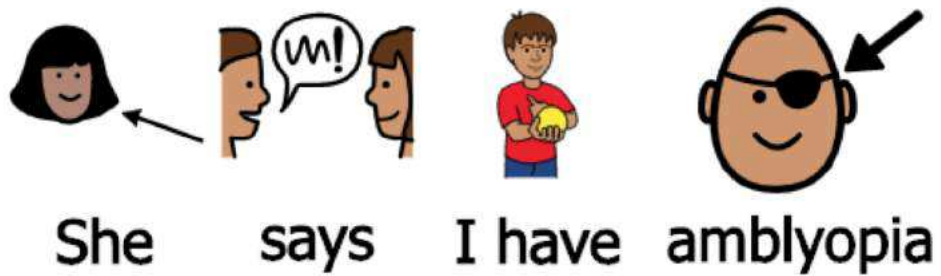
can be



a pirate

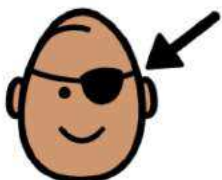


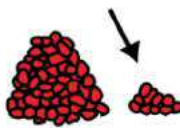

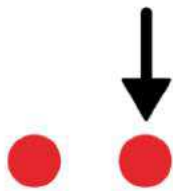


She says I have amblyopia.





Amblyopia means one eye is less strong than the other.

     
Amblyopia means one eye is less strong than other



I wear my glasses and an eye patch to see better.



I



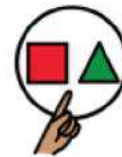
wear



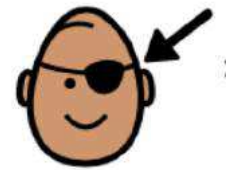
my



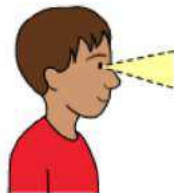
glasses



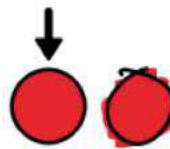
and



eye patch



to see



better



I wear my glasses all the time.



I



wear



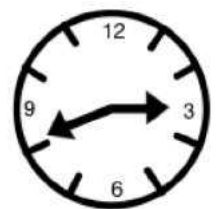
my



glasses



all



the time



I wear my patch for playing with toys or watching TV.



I



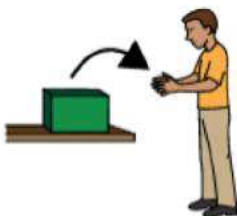
wear



my



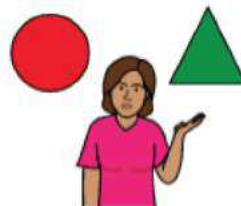
patch



for



play



or



TV



One day, I will not wear a patch because my eyes will be strong.



One



day



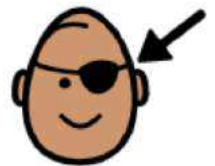
I



will not



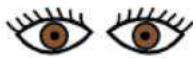
wear



a patch



my



eyes



will be



strong



But I can always be a pirate!



But



I



can



play



pirate

Parent Tips - Try it yourself!

1. Find fun patches that your child will like!
They make colorful patches with fun patterns.

2. Start slow and build up patching time day by day (we increased by 15-30 minutes each day)

3. Introduce the patch during fun activities: snack time, play time or favorite movies/shows.

4. Reward system! Our model, Anya, got a special treat when she did well with her patch.

5. If the patch glue is too sticky, try sticking and unsticking the patch on a shirt or sweater to lessen its adhesive impact.

6. Help them feel less alone: family and friends can wear the eye patch too! Join in the fun!

7. Showing pictures of other children wearing patches could also help them not feel singled out!

See more at: <https://forlitleeyes.com/galleries/children-patching-photo-gallery/>

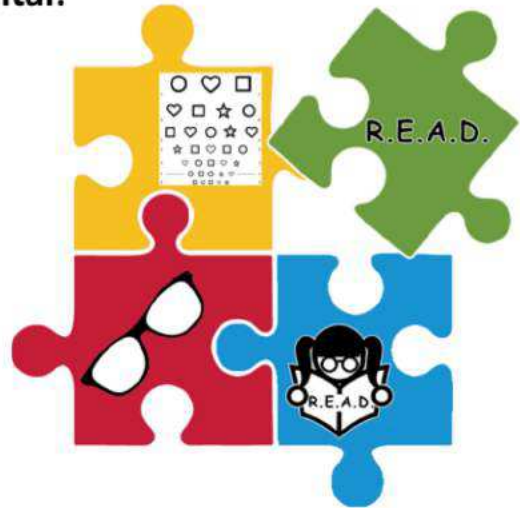
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For more information please contact either Dr. Amy Moy at moya@neco.edu, Dr. Jennifer Reilly at reillyj@neco.edu, or call our clinic at 617-971-2100.

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